

Magic of the Woods

What do I mean by Magic? Magic is around us all the time, we just need to tune in to be aware of it. Magic is about listening to the inner voice that we often talk down with logic.

Magic is the way to make our life more fulfilling, it takes us off the motorway and down little country lanes for a delicious cream tea.

But Magic is a two way road, you can't expect to get the parking space just where you need it if you don't remember to thank the honey suckle for it's wonderful scent, or the brambles for their blackberries.

Magic is about connected-ness. When we connect to the grid of the natural world, we find Magic an everyday occurrence.



The Magic of The Woods



An experiential workshop
to help us see the
Wood through the Trees

This workshop will include
guided meditation and
shamanic journeying

If you would like to take part on one of
these workshops please send an email to:
MagicOfTheWoods@EarthshineGrove.org.uk

**The
Magic of
The Woods**
An Experiential Workshop



I talk to the trees...

...and, generally, they listen to me—whether or not they chose to reply is a different matter.

Quite often this is more about our own frame of mind than it is the tree's willingness to communicate with us.

If this sounds way too daft, this workshop is probably not for you!

However, if you are one of those who talk to their plants when watering and discuss aphid and mildew problems with them, then it is not too big a step to start talking to trees.

And they have a lot to teach us.

Trees are ancient. Their roots go deep into the ground and deep into our history. They were growing on these lands long before man arrived. They have worked with man for millennia creating homes and transport, they have carried us across the seas to distant lands, been our defence in times of war, and our constant companion when hunting. The arrow head would have been next to useless without the wooden shaft and the wooden bow.

There are many books about the beauty of trees and the myriad uses of wood throughout man's history. This workshop is not about tree spotting. Rather it is about experiencing the Magic of the ancient woodland and this all starts with learning how to listen to trees.



Who am I?

My name is Donna Forbes, also known as Harrier. I am a Druid Priestess and Shaman. I will be helping you to connect with the natural grid to find out how we can work with trees.

Where?

Meet at Coombe Hill car park.

Allow three hours for the workshop



Things to bring

There are no facilities at Coombe Hill so bring a **bottle of water and some kind of energy bar** – magical work makes you hungry.

Something to sit on. We will be going deeper into the woods and you will probably want to sit on the ground.

Be prepared for the weather, we will be **out of doors**.

Notebook – when working in the magical realms we often get inspiration that seems crystal clear yet which simply evaporates when we get back into routine.

Compass or compass app – advisable if you want to go for a wander after the workshop, the woods can be quite disorientating and a compass is great for testing your sense of direction.

Next Workshop:

For more information about me or about Druidry and our Grove please see: www.EarthshineGrove.org.uk